

PREVENTING BULLYING IN PRIMARY AND SECONDARY SCHOOLS

1 WEEK COURSE FOR EUROPEAN EDUCATORS

DUBLIN, IRELAND

SUNDAY 14 MAY - SUNDAY 21 MAY 2023

COURSE OBJECTIVES:

This course aims to provide educators with:

- an insight into anti-bullying strategies in Irish schools
- skills and knowledge to address bullying effectively
- an opportunity to exchange experiences and knowledge with educators from other countries

COURSE CONTENT:

1. **Lecture: The Irish Education System.**
2. **Workshop** on strategies to use with different age groups to detect and prevent bullying and cyber-bullying including gender related bullying, homophobic bullying, appearance related bullying, bullying of disabled and special needs children, racism and religious bullying.
The workshop will include:
 - classroom activities and resources to engender respect for difference and diversity in children and young people and in society in general
 - a range of positive strategies to deal with bullying, including preparing children to become helpful bystanders
 - strategies to actively challenge the use of humiliation, fear and ridicule in an effort to reduce bullying and discrimination.
3. **Day visit to a School**
Presentation on strategies for detecting and preventing bullying & aggressive behaviour and support for victims of bullying. Observe SPHE (Social, Personal and Health Education) lessons on Diversity / Anti-Bullying / Conflict Resolution.
4. **Exchange Experiences:** Participants who wish to do so are invited to give a presentation on Anti-bullying strategies in their own schools / countries.
5. **Workshop:** Strategies for integrating recently arrived migrants and refugees into school life, promoting cultural and linguistic diversity in schools.
6. Visit EPIC: The Irish Emigration Museum
7. **A guided walking tour of Dublin and cultural visits** to National Museum: Archaeology, National Museum: History & Decorative Arts, Chester Beatty Library and National Botanic Gardens

LOCATION

DUBLIN, Ireland: Population: 1,228,000.

Famous for its cultural heritage and charming hospitality, Dublin is a lively city with a rich history, situated on the east coast of Ireland. Notable historic sights include its elegant Georgian squares, Dublin Castle, Christ Church Cathedral, the Book of Kells at Trinity College, Kilmainham Gaol and National Museums. Temple Bar is a busy riverside neighbourhood with live Irish folk music venues.

Close to the city are the beautiful hills and lakes of Wicklow Mountains National Park and attractive coastal scenery.



TOTAL PRICE: €1447

The price includes:

(a) COURSE FEE to include:

Full programme of study sessions and visits as itemised above.

NB. Participants are responsible for paying their own daily transport costs, including visits to local schools. Any optional visits are not included in the price.

(b) HOST FAMILY ACCOMMODATION to include:

Full board Accommodation with a local family (inclusive of registration fee): 7 nights
(Teachers may request to be the only guest of their mother tongue or to stay in the same family as a colleague).

Host families are carefully selected and offer a friendly welcome and opportunities to chat and learn more about life in Ireland today. Participants often find that the experience of staying with a host family is one of the most memorable aspects of the course. Accommodation is in single rooms (unless participants request to share). Breakfast, packed lunch and evening meal are provided by the host family. (Food allergies, likes and dislikes are taken into account.)

Please note that many suitable residential areas are not within walking distance of the city centre and most host families are a bus ride from the city centre/tuition centre. A travel pass for all Dublin public transport costs €32 per week and can also be used to visit nearby coastal villages, beaches and cliffs.

Accommodation can be provided for family members (but not unaccompanied children) subject to availability. (Rates on request).

Participants wishing to arrange their own (hotel or self-catering) accommodation may pay a fee for the course only.

TRAVEL:

Participants are responsible for arranging their travel to and from Ireland. Express buses run from Dublin Airport to the city.

PAYMENT:

Full payment will be due 2 months before the course begins, or for teachers awaiting funding: as soon as the grant is received. No refund for cancellations within 5 weeks of arrival. Applicants are strongly advised to take out cancellation insurance. Postponement due to Covid-19 will be possible if necessary.

PREPARATION:

Participants are asked to complete a questionnaire before the course starts in order to ascertain their level of experience and training, the age groups and types of learners they teach and their expectations from the course. This helps trainers to respond to participants' individual needs and ensure that the most relevant areas are carefully integrated.

OUTCOMES:

By the end of the course participants will have gained a deeper knowledge of issues concerning Preventing Bullying in schools, which will hopefully inform and enrich their own work in in this field.

EVALUATION:

At the end of the course teachers participate in a detailed evaluation of the course.

FOLLOW UP:

At the end of the course teachers are asked to consider which aspects of the course will be the most relevant to their own teaching situations. On their return they are invited to keep a record of how they have been able to utilise ideas gained on the course in their own classrooms. They are encouraged to share their experiences with their fellow participants by email.

CERTIFICATE & ERASMUS+ VALIDATION:

A certificate of attendance (stating course content and number of hours) will be provided and Erasmus+ documentation will be validated.

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DRAFT PROGRAMME

DAY	MORNING	AFTERNOON	EVENING
SUNDAY			Arrive Dublin
MONDAY	0930- Welcome & Introduction 1015 1030- Lecture: The Irish Education System 1230	1400- Guided walking tour of Dublin 1700	
TUESDAY	0930- Workshop on strategies to prevent 1230 bullying and cyber-bullying	1430- Visit National Museum: Archaeology 1630	Optional evening in a traditional pub with Irish Folk Music
WEDNESDAY	0900- Visit to a school 1400 Presentation on strategies for preventing bullying & aggressive behaviour and support for victims of bullying. Observe SPHE (Social, Personal & Health Education) lessons on Diversity / Anti-Bullying / Conflict Resolution.		
THURSDAY	0930- Workshop: Strategies for integrating 1230 recently arrived migrants and refugees into school life, promoting cultural and linguistic diversity in schools	1400- Visit EPIC: 1700 The Irish Emigration Museum	
FRIDAY	0930- Workshop on strategies to prevent 1230 bullying and opportunity for participants to exchange experiences. Participants who wish to do so are invited to give a presentation on Anti-Bullying strategies in their own schools / countries.	1430- Evaluation session 1530	
SATURDAY	1000- Cultural visits in Dublin: National Museum: History & Decorative Arts, 1700 National Botanic Gardens or Chester Beatty Library		
SUNDAY	Depart Dublin		